



FOR IMMEDIATE RELEASE

Evolved Athletics Offers New Members Peace of Mind

Fort Myers, FL - May 28, 2009 - Jeremy Barnett, the owner of **Evolved Athletics**, opened their doors for business in January 2009 in South Fort Myers. Evolved Athletics is proud to announce a partnership with **Peace of Mind Concierge** starting in June, which will provide all new members with one hour of Peace of Mind services. Peace of Mind Concierge's menu of services include personal assisting, grocery shopping, event party planning, errands, travel planning, home & office organization, pet sitting, business referrals, home watching, hurricane preparation, and relocation services. Membership also includes private and group training sessions and boot camp.

Peace of Mind's goal is to help simplify your life, reduce stress, and create more time in your day to focus on the most important things in life such as family, friends, and yourself. This goal fits that of Evolved Athletics, which believes personal training and fitness is one of the best things you can do for yourself or loved one to reduce stress and improve overall health. Jeremy Barnett has more than 20 years experience as a personal trainer and is in business to get results for his clients. His clientele ranges in age from teenagers through mature adults who are interested in strength training, toning, post injury rehabilitation, power lifting, cardio or sports training. Evolved Athletics is located at 16120 San Carlos Blvd. In South Fort Myers. For more information call 239.851.3940 or visit www.cf-tb.com.